

TITLE VI 'KCHI-WEW-IS-UWEY'

VOLUME I, No. 1
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OFFICES AT:
PLEASANT POINT (853-2551)
TOWNSHIP (793-2301)

FIRST TITLE VI QUARTERLY WORKSHOP - A SUCCESS!

THE FIRST QUARTERLY WORKSHOP FOR THE ELDERS WAS HELD AT PLEASANT POINT ON MARCH 19TH. THIRTY-FIVE ELDERS FROM BOTH PASSAMAQUODDY RESERVATIONS ATTENDED THE SIX HOUR WORKSHOP. COMMENTS FROM THE ELDERS INDICATE THAT AN ENJOYABLE TIME WAS HAD BY EVERYONE.

GUEST SPEAKERS INCLUDED CLIV DORE, WHO SPOKE ON ELDERLY BENEFITS FROM THE LAND SETTLEMENT ACT; MR. BOB CONNORS TALKED ABOUT THE SOCIAL SECURITY PROGRAM; AND PAUL CLARONI, THE PHYSICIAN'S ASSISTANT AT PLEASANT POINT HEALTH CENTER PROVIDED INFORMATION ON NUTRITION AND EXERCISE.

THE TITLE VI WORKSHOP PARTICIPANTS SHARED A DELICIOUS NOON MEAL OF HULLED CORN SOUP, TOM FRANCIS, PAN BREAD, STEAMED CLAMS, SMOTHERED BEEF AND POTATOES, AN ASSORTMENT OF VEGETABLES AND BREAD PUDDING AND CREAM FOR DESSERT. ALL THIS GOOD FOOD WAS PREPARED BY THE SNACK BAR COOKS OF PLEASANT POINT.

AFTERNOON CULTURAL ACTIVITIES INCLUDED A SLIDE PRESENTATION BY COZY NICHOLAS, AND VOLUNTEER 4TH AND 5TH GRADERS, SUPERVISED BY VIVIAN MOORE, INDIAN DANCED, REGINA PETIT OF PRINCETON, PLAYED THE GUITAR AND SANG SPIRITUAL SONGS AT THE CLOSING OF THE WORKSHOP.

THE TITLE VI STAFF THANK EVERYONE WHO HELPED WITH OUR FIRST WORKSHOP. SPECIAL THANKS TO THE SNACK BAR COMMITTEE FOR DONATING FLORAL ARRANGEMENTS OF PINK, WHITE, AND RED CARNATIONS WHICH WERE GIVEN TO THE REMAINING ELDERLY WOMEN AT THE WORKSHOP'S CLOSE.

FIELD TRIP TO OLD TOWN PLANNED

THE TITLE VI PROGRAM STAFF, ALONG WITH TUFFY MITCHELL, AN INDIAN ISLAND ADVOCATE, ARE PLANNING A FIELD TRIP FOR THE ELDERLY

PLANS ARE TO LEAVE BY MITA BUS AND ON APRIL 10TH, FRIDAY AT APPROXIMATELY 7:00 A.M. THE BUS WILL GO DIRECTLY TO BANGOR MALL SO EVERYONE CAN DO SOME SHOPPING FOR THEIR EASTER BONNETS AND SUCH. WE WILL THEN GO TO INDIAN ISLAND TO SHARE AND ENJOY A MEAL WITH THE INDIAN ISLAND ELDERS. EVERYONE WOULD BE HOME AGAIN BY 5:00 P.M.

PLEASE CALL US SO YOU CAN BE INCLUDED FOR THIS EASTER FIELD TRIP. REMEMBER TO BRING YOUR SEN-CIT CARDS TO GET A FREE MEAL!

LEGAL, INFORMATION AND REFERRAL SERVICES

PINE TREE LEGAL, IN MACHIAS, IS THE PLACE TO GO IF YOU NEED LEGAL AID. IF YOU ARE HAVING ANY LEGAL PROBLEMS, OR NEED LEGAL ADVICE, OUR TITLE VI PROGRAM STAFF CAN HELP YOU GET THE LEGAL SERVICE YOU NEED.

SOMETIMES WE DON'T KNOW WHERE TO GO OR WHO TO SEE WHEN WE NEED HELP OR NEED INFORMATION. MARY ELLEN, NANCY AND CYRIL CAN OFFER YOU SOME ASSISTANCE WITH SUCH A PROBLEM. THEY CAN GIVE YOU SOME DIRECT HELP OR FIND OUT WHO OR WHERE YOU SHOULD GO TO GET HELP OR INFORMATION.

WHAT'S HAPPENING WITH TITLE VI?

HANDYMAN SERVICES

IF YOU LIVE ALONE, HAVE NO WAY OF PAYING FOR LABOR COSTS, AND ARE AGE 60 OR OLDER, THEN YOU ARE ELIGIBLE FOR TITLE VI HANDYMAN SERVICES. THE ONLY COST TO YOU WILL BE FOR MATERIALS THAT ARE NEEDED FOR THE WORK TO BE DONE.

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HANDYMAN SERVICES (CONTINUED)

IF YOU ARE INTERESTED IN GETTING THIS SERVICE, PLEASE CALL ONE OF THE TITLE VI PROGRAM OFFICES. THE MAJORITY OF THIS TYPE OF SERVICE WILL BE PROVIDED THIS SPRING SO GET YOUR REQUEST IN EARLY.

CULTURAL ACTIVITIES

ASH, SWEETGRASS, AND BEADS ARE AVAILABLE AT A LOW COST TO YOU UPON REQUEST. THIS PROGRAM SERVICE IS PROVIDED TO ASSIST YOU IN GETTING A LITTLE EXTRA INCOME AND TO FOSTER PRODUCTIVITY.

DEMONSTRATIONS OF HOW A BASKET IS MADE ARE PLANNED FOR THE FUTURE. IF YOU WOULD LIKE TO TEACH OTHERS HOW TO MAKE A BEAUTIFUL FANCY BASKET, PLEASE LEAVE YOUR NAME AT ONE OF THE OFFICES OR SPEAK WITH NANCY, MARY ELLEN, OR CYRIL. FOR THOSE OF YOU WHO DO KNOW HOW TO MAKE BASKETS, IT IS IMPORTANT TO TEACH OTHERS SO THIS ART WILL NEVER BE LOST.

CHRISTIAN DINNER CLUB

A FIELD TRIP TO BRUNSWICK ME. IS PLANNED FOR MAY 2ND. THE ELDERLY PEOPLE WILL BE ENJOYING AN EVENING IN FIRESIDE CHRISTIAN ATMOSPHERE, FEATURING A CANDLELIGHT DINNER WITH LIVE CHRISTIAN ENTERTAINMENT.

MARY ELLEN, TOWNSHIP TITLE VI COORDINATOR, WILL BE COORDINATING THIS FIELD TRIP. CARS WILL BE LEAVING AT 1:00 IN THE AFTERNOON AND OVERNIGHT LODGING WILL BE PROVIDED. PLEASE CALL HER TO LET HER KNOW IF YOU WANT TO GO.

TOWNSHIP MEALS

EVERY MONDAY AFTER EVERY TITLE VI MEAL FOR THE ELDERLY, A BEANO IS HELD FOR THEM AT 12:30.

WE HAVE ALREADY HAD TWO BEANOS AND THEY HAVE BEEN QUITE SUCCESSFUL. THE PRIZES ARE MONEY. AT EACH GAME THE POT IS DIVIDED IN TWO, HALF OF EACH GAME'S TAKE IN IS PUT TOWARD THE COVERALL. THE COVERALL HAS BEEN OVER \$30.00 EACH TIME.

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(ELDERLY'S BEANO CONTINUED)

SO IF YOU LIKE BEANO, COME TO THE TITLE VI MEAL PROGRAM (IF YOUR ELIGIBLE), SOCIALIZE FOR AWHILE AND ENJOY A GOOD BEANO. SEE YOU THERE!

MONDAY NIGHT ROSARY - TOWNSHIP

EVERY MONDAY NIGHT THERE IS A ROSARY IN ONE OF THE ELDERLY HOMES ON THE STRIP.

IF YOU WOULD LIKE A ROSARY IN YOUR HOME ON THIS NIGHT, PLEASE FEEL FREE TO CALL MARY ELLEN AT 796-2301, EXT: 227.

DISBURSEMENT OF ELDERLY MONEY

THE JOINT COUNCIL OF THE PASSAMAMQUODDY TRIBE MET AT THE STRIP ON MARCH 26TH TO DISCUSS AND VOTE ON THE RELEASE OF ELDERLY MONEY (ONE MILLION DOLLARS).

IT WAS STATED AT THIS MEETING THAT THE AGE LIMIT TO GET THIS MONEY WILL BE 60 YEARS OF AGE AND OLDER. THIS AGE LIMIT WILL REMAIN UNCHANGED, EVEN THOUGH THERE COMMENTS MADE OF LOWERING THE AGE TO 55.

A JOINT RESOLUTION WAS MADE TO RELEASE THE INTEREST OF THE ELDERLY TRUST FUND AND FOR THESE FUNDS TO BE TEMPORARILY TRANSFERRED TO THE MACHIAS SAVINGS BANK.

THIS MONEY CAN BE GIVEN OUT AFTER MARCH 31ST, WHEN THE QUARTER ENDS. ELDERLY PEOPLE CAN EXPECT THEIR QUARTERLY SHARE SOMETIME IN APRIL.

BEFORE THIS MONEY OR ANY OTHER SETTLEMENT MONEY COULD BE RELEASED TO THE TRIBES A "RELEASE AND RELINQUISHMENT CLAUSE" HAD TO BE SIGNED BY BOTH PASSAMAQUODDY TRIBAL GOVERNORS. THIS WAS ALSO DONE AT THIS MEETING.

ARE YOU ELIGIBLE FOR FOOD STAMPS???

INCOME GUIDELINES: INCOME MUST BE UNDER THESE AMOUNTS AFTER DEDUCTIONS.

PERSONS IN HOUSEHOLD

INCOME

1	\$316
2	418
3	520
4	621
5	723
6	825
7	926
8	1028
9 PLUS	ADD \$102 FOR EACH PERSON

THE STANDARD DEDUCTION FOR HOUSEHOLD EXPENSES IS \$85. THE MAXIMUM AMOUNT ALLOWED IS \$200. THE DEDUCTION VARIES ACCORDING TO INCOME AND EXPENSES.

EVERY PERSON WHO HAS INCOME AND LIVES IN YOUR HOUSEHOLD HAS TO BE INCLUDED IN THE APPLICATION FOR FOOD STAMPS.

